

# FORT ROYAL FLYER

12/02/2026

## Message from Mr Francis

Dear Parents and Carers,

We were delighted with the outcome of our recent Ofsted inspection. The inspectors particularly noted how warm and welcoming our school community is, highlighting the lovely relationships between children and staff. We are very proud that this was so clearly recognised.

We have not yet received the draft report. Once it arrives, we will have a week to review it before it is finalised and published online a few days later. As soon as the report is available, we will send parents the link. Printed copies will also be available on request.

The lead inspector told us that the parental comments received during the inspection were overwhelmingly positive. Thank you to everyone who took the time to complete the survey and share your views – your support means a great deal to us.

Last week, we enjoyed a range of activities to celebrate National Storytelling Week. The children took part in special story sessions and creative activities, and it was wonderful to see their enthusiasm for sharing and listening to stories. This week, we are running a programme of activities to support Safer Internet Day, helping our pupils learn how to stay safe online in an age-appropriate and engaging way.

As you know, Lara has been appointed as the new Headteacher, ready for when I retire at the end of the year. The whole school community is very excited about this appointment, and we are confident that the school will be in very safe hands moving forward.

Finally, please take a moment to visit our updated website, Fort Royal Community Primary School – Home, where you will find new photographs and recent updates from across the school.

Thank you, as always, for your continued support.

# FORT ROYAL FLYER

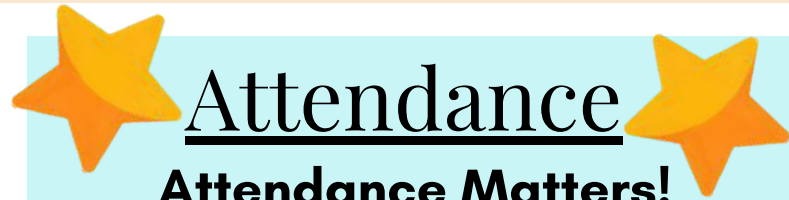
## Dates for your Diary

05/03/26 - World Book Day

16/03/26- Parents evening  
20/03/26- Down Syndrome  
Awareness Day

26/03/26- Epilepsy Syndrome  
Awareness Day

26/03/26- LKS2 Easter church  
service



## Attendance

**Attendance Matters!**

**Our Target attendance is 94%**

**Last weeks attendance was 90%**

## **WEBSITE**

We've updated our school website with beautiful, professionally taken photos – be sure to take a look!

**Click here to go  
to our School  
Calendar**



**Click here to go  
to our Insta page!**



# Top Tips for...

# MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUG MILK

## GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

## TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

## GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

## LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

## AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

## HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

## BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

## 'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

## SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

## TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

## SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

## WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.



## Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



# DEVICE BOX



## National Online Safety

#WakeUpWednesday



**Class 1  
Stay and Play  
10/02/26**

Class 1 Spring 1  
Stay and Play was a  
lovely session, with  
parents enjoying the  
chance to watch and  
join in with Nicola's  
music activities  
alongside the children.



# FORT ROYAL FLYER

Family Support Worker

Contact me via email- [fsw@fortroyal.worcs.sch.uk](mailto:fsw@fortroyal.worcs.sch.uk)



For help with  
sleep issues



Don't forget to use our sensory library for resources to help your child at home! This can be accessed via the school website.

Do you have  
a child  
who  
doesn't  
sleep?

Speak to trained  
sleep advisors

03303

530 541

We are hoping to get some

# Easter Eggs

for the

Famous Friends of Fort Royal

## Easter Egg Hunt

on Tuesday, 24<sup>th</sup> March

The children will be having a wonderful

**Easter Extravaganza,**

and we would be delighted  
to give each one a chocolate egg!

If you could pick up one or two  
on your next supermarket visit  
and donate them, we would be  
incredibly grateful!



There will be a drop-off box outside Reception.



# FORT ROYAL FLYER

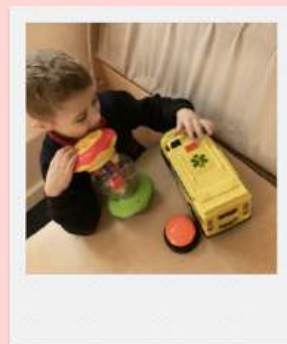
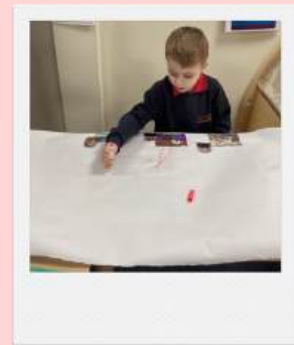
EYFS & KS1

Class 8

In Literacy, the children have been making marks to create their own versions of the story 'Dragon on the Doorstep'. They have used Grid to select characters and ICT to write words from the story.

In Topic, the children have been exploring paint and patterns to design their own wallpaper.

As part of their learning in PSHECC, the children have been learning about the different emergency services by exploring emergency vehicles and the sounds they make.



# FORT ROYAL FLYER

KS2

Class 19

## Maths

In Maths, we've been learning how to make estimates. The children enjoyed lots of practical activities around the school, estimating numbers and lengths.

## Literacy

We've loved sharing the story Lost and Found. The children took part in fun activities such as role play, writing lists, and packing a suitcase for an imaginary trip to the South Pole.

## Topic – Frozen Planet

Our topic this half term has been Frozen Planet. The children explored ice through hands-on play, learned about different animals, and even created music using instruments to make the sounds of rain, snow, and ice.

## PSHECC

In PSHECC, we talked about trusted adults and how they help to keep us safe.

