

Wooden Rocker Balance Board

ABOUT THE EQUIPMENT: A square pine wood board measuring 40x40cm

WHERE FROM & COST: www.ebay.co.uk, £26.99

HOW TO USE: Rock gently, sit on it, stand up on it, lie down on it or read on it. Your children will use the board for all their play, finding ways to bring it into whatever they are doing. It is perfect to use as a bridge or road for Wooden Animals to march over. Kids love to lie on them and read stories, draw pictures lying over it, and make beds for teddies. Rock on with their favourite teddy. They are great for developing core strength, encouraging balance, flexibility and building strength in little people.



SAFE USAGE:

- Use under supervision
- Do not put hands or fingers under the board as this could lead to injury
- Ensure space around is clear and free of obstruction

SIMILAR ITEMS:

- www.completecareshop.co.uk, Wobble Board - Large, £34.14
- www.amazon.co.uk, AmazonBasics Wood Wobble Balance Board, £17.99
- www.amazon.co.uk, StrongTek Professional Wooden Balance Board, £35.56