



Community Primary School

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Weighted blanket

ABOUT THE EQUIPMENT : there are weights which
are sewn into the blanket

WHERE FROM & COST: sensory direct £125

IDEAS OF USE:

- Place the blanket over the child in bed
- Place the blanket over the child's lap when sat down
- Place the blanket over shoulders



SAFETY MEASURES

- Only use this item under an Occupational Therapist's advice
- The child must be able to remove themselves, especially if using in bed as it could cause suffocation

SIMILAR ITEMS, WHERE THEY ARE FROM & COST

A heavier toggled quilt which can be sourced from a variety of places for a range of prices