



Community Primary School

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Sit 'n' Gym ball

ABOUT THE EQUIPMENT : this is a gym ball that has little feet to prevent it from rolling

WHERE FROM & COST: sensory direct £21

IDEAS OF USE:

- Due to the feet on the ball it can be used as a chair
- Roll over the ball
- Can be used as a normal therapy ball if the feet are moved



SAFETY MEASURES

- Remove any objects in the environment which could cause injury and for the ball to burst
- Regularly check the valve as this could be a choking hazard

SIMILAR ITEMS, WHERE THEY ARE FROM & COST

Gym ball from amazon £15

Peanut ball from sensory direct £35