



Community Primary School

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### Peanut ball

ABOUT THE EQUIPMENT : it is an inflatable therapy ball which has a 'saddle' in the middle which is set lower than the other two ends.

WHERE FROM & COST: Sensory Direct £35

#### IDEAS OF USE:

- Sit the child in the middle of the ball and rock side to side
- Allow the child to push down on the ball against a surface



#### SAFETY MEASURES:

- Ensure that the users weight is evenly distributed and feet are flat on the ground
- Support the users with upper posture to reduce falling
- Remove any objects from the environment which could burst the ball
- Ensure the valve is in the ball at all times as small objects are a choking hazard
- Do not over inflate the ball as increase risks of bursting

#### SIMILAR ITEMS, WHERE THEY ARE FROM & COST:

Sensory peanut ball with tactile nodules from Sensory direct at £40

Sit n gym ball from Rompa at £25