



Community Primary School

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Massager with LED

ABOUT THE EQUIPMENT: This massager uses vibration massage to promote blood circulation, relieve muscle soreness and muscle aches, and is suitable for relaxation after exercise.

Vibration is an incredibly strong form of sensory input and activates both the movement and pressure responses and has many therapeutic benefits for people of all ages.

WHERE FROM & COST: Amazon £10.99

IDEAS OF USE: Massage can be used to reduce sensory or tactile defensiveness, as well as ease away tension and release muscles throughout the body. The handy body massager is a great way to help relax and feel calm with the gentle color changing LED lights and the gentle vibration. The shape of the massager makes it easy for the user to take control and apply only the pressure they desire.



SAFETY MEASURES

- Adult supervision required at all times due to small parts (batteries).

SIMILAR ITEMS, WHERE THEY ARE FROM & COST

Similar products available on Amazon. Prices start at £10.99.

Sensory Direct Self massage tool kit (comes as part of the set) £26.