

Early Years activities that you can do with your child at home

<p>Links to Communication and Language, Literacy (L)</p> <p>Share a story or nursery rhyme with someone in your house.</p> <p>https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-index/zhwdgwx</p> <p>https://supersimple.com/</p> <p>https://www.youtube.com/user/KidsTV123</p>	<p>Links to Physical Development (PD)</p> <p>Make marks in sand, flour, gloop, lentils or dried beans.</p> <p>Make marks using paints, pens, crayons, water and brushes</p>	<p>Links to Maths, PD</p> <p>Pouring using different sized containers, cups, spoons.</p> <p>Make a necklace from pasta or Cheerios.</p>	<p>Links to Expressive Art and Design (EAD)</p> <p>Do an action songs session, use pots and pans etc for instruments</p> <p>Tumble Tots Action songs on YouTube.</p>	<p>Links to Maths, EAD</p> <p>Sing a number rhyme such as 5 currant buns and act it out. Use any resources you have for counting such as toy animals</p>
<p>Links to PD and EAD.</p> <p>Cut/tear/scrunch paper, tissue paper etc to make collage pictures.</p> <p>What can you make with your recycling boxes, toilet rolls and pots? Pinterest has lots of ideas</p>	<p>Links to Understanding of the World (UW). What can you see/find in your garden? Are there any mini-beasts, are there any birds?</p>	<p>Links to Maths and UW.</p> <p>What colour cars can you see? Can you count them? How many lorries/buses/motorbikes can you count?</p>	<p>Links to UW. Can you defrost the ice and rescue the toys inside? (freeze a toy in a margarine tub with water).</p> <p>You can do a similar activity using jelly.</p>	<p>Links to PD. Make some playdough.</p> <p>What can you press into it, what can you make? What tools can you use?</p>
<p>Links to EAD and UW. Have a toys tea party. Role play with tea set and play food.</p>	<p>Links to PD, UW, EAD.</p> <p>Make a den using sheets and towels.</p>	<p>Links to EAD. Put on some favourite music and dance around the room.</p>	<p>Links to PD and UW. Go out and play in the garden.</p>	<p>Links to UW. Bake some cakes or biscuits.</p>

Best Ever No-Cook Play Dough Recipe

Ingredients

2 cups plain flour (all purpose)

2 tablespoons vegetable oil (baby oil and coconut oil work too)

1/2 cup salt.

2 tablespoons cream of tartar.

1 to 1.5 cups boiling water (adding in increments until it feels just right)

gel food colouring (optional)

few drops glycerine (my secret ingredient for stretch and shine!)

Method

Mix the flour, salt, cream of tartar and oil in a large mixing bowl

Add food colouring TO the boiling water then into the dry ingredients

Stir continuously until it becomes a sticky, combined dough

Add the glycerine (optional)

Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone.

* This is the most important part of the process, so keep at it until it's the perfect consistency!

If it remains a little sticky then add a touch more flour until just right

Personal, Social and Emotional Development and **Communication** runs through all of the above activities. Please see the additional sheets for more communication activities.

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