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Ear defenders

ABOUT THE EQUIPMENT : to be placed over the ears to reduce sound
WHERE FROM & COST: sensory direct £11
IDEAS OF USE:

- Use at different times of the day during different activities. For example use when cooking as reduces the amount of sensory information
- Can allow for focus on other tasks



SAFETY MEASURES

- If there is danger in the environment and using verbal communication to inform than the child wont hear, putting them at risk
- Use under supervision to be aware of dangers which will be alerted through sound such as fire alarm

SIMILAR ITEMS, WHERE THEY ARE FROM & COST

Ear mittens from amazon £10

Headphones from amazon £5, can buy more expensive headphones which block sounds