



Community Primary School

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Body Sock

ABOUT THE EQUIPMENT : step inside the sock which is a stretchy material that resists movement.

WHERE FROM & COST: sensory direct £32

IDEAS OF USE:

- Encourage the child to push outwards with arms and legs



SAFETY MEASURES

- Use with supervision as this could cause suffocation
- Be careful that the child does not feel trapped in the sock as this may cause them to panic and injure themselves, as well as making their sensory unregulated

SIMILAR ITEMS, WHERE THEY ARE FROM & COST

A bed sheet (however this will not have the resistive element), may have a spare already